

Game management - Defending late & counter

Objective	Use defensive positioning to control the game and spring counter attacks.	
Equipment & Environment	9v9 goals & rules on a short pitch to suit numbers. Offside & throw ins. Cones and balls for Practices/Games.	
1)Warm up	Football related side to side movement to include jockeying "stance"	5 mins
2)Match (whole)	9v9 match rules on a short pitch to suit numbers. Set both teams up with "secret tactics" ask them not to tell the other team. Task Red team with not conceding a goal Task Green team with scoring as many as possible in 5 mins.	15 mins
3)Practice/Games (part)	1 – Goal keepers from each team for GK coaching 2 – Repeat above Match on smaller pitch to suit numbers with a coach in each goal. Ask them to think about tactics. How can Reds score a goal? How can Greens make sure they don't concede when attacking? Introduce counter attacking ideas to draw out the defenders. 10 balls each to score.	15 mins
4)Match (whole)	As in Match. 9v9 rules on a pitch to suit numbers. Ask teams to choose tactics and see if they can stick to them.	15 mins
5)Debrief	Talk through learning and feedback	5mins

