

# SESSION PLAN: TIK TAK TOTAL

CATEGORY:  
POSSESSION

NO. OF PLAYERS  
REQUIRED: 8-14

PRACTICE  
LENGTH: 30 MINS

## COACHING POINTS:

1. Movement to support (dispersal)
2. Breaking lines (with pass or movement)
3. Combination play
4. Creating and converting

## FOUR CORNERS:

**Technical**  
passing & receiving,  
finishing, combination  
play, movement

**Psychological**  
patience, decisions  
under pressure,  
awareness

**Physical**  
movement to support,  
forward runs, recovery

**Social**  
communication,  
togetherness

### General Notes

Players work on keeping possession and choose when to progress. They are rewarded for putting together long passing chains and converting. Focus on the principles of attack, dispersal, movement, support play.

### Aims & Objectives

Players aim to put together as many passes as possible and choose when to score (appropriate decision-making). Work on controlling the tempo, recognising opportunities to score, keeping possession, support play and exploiting lazy defending.

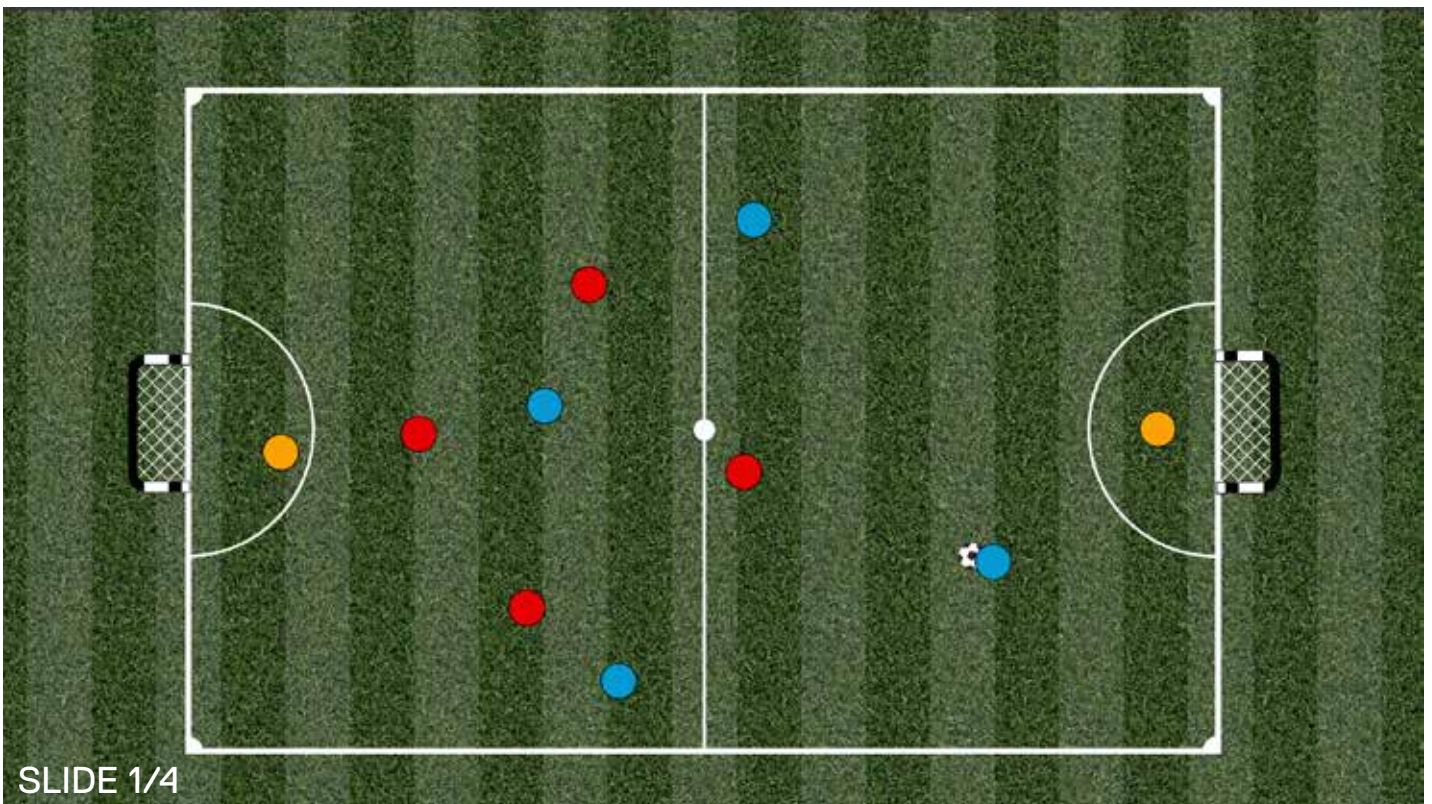
### Organisation & Setup

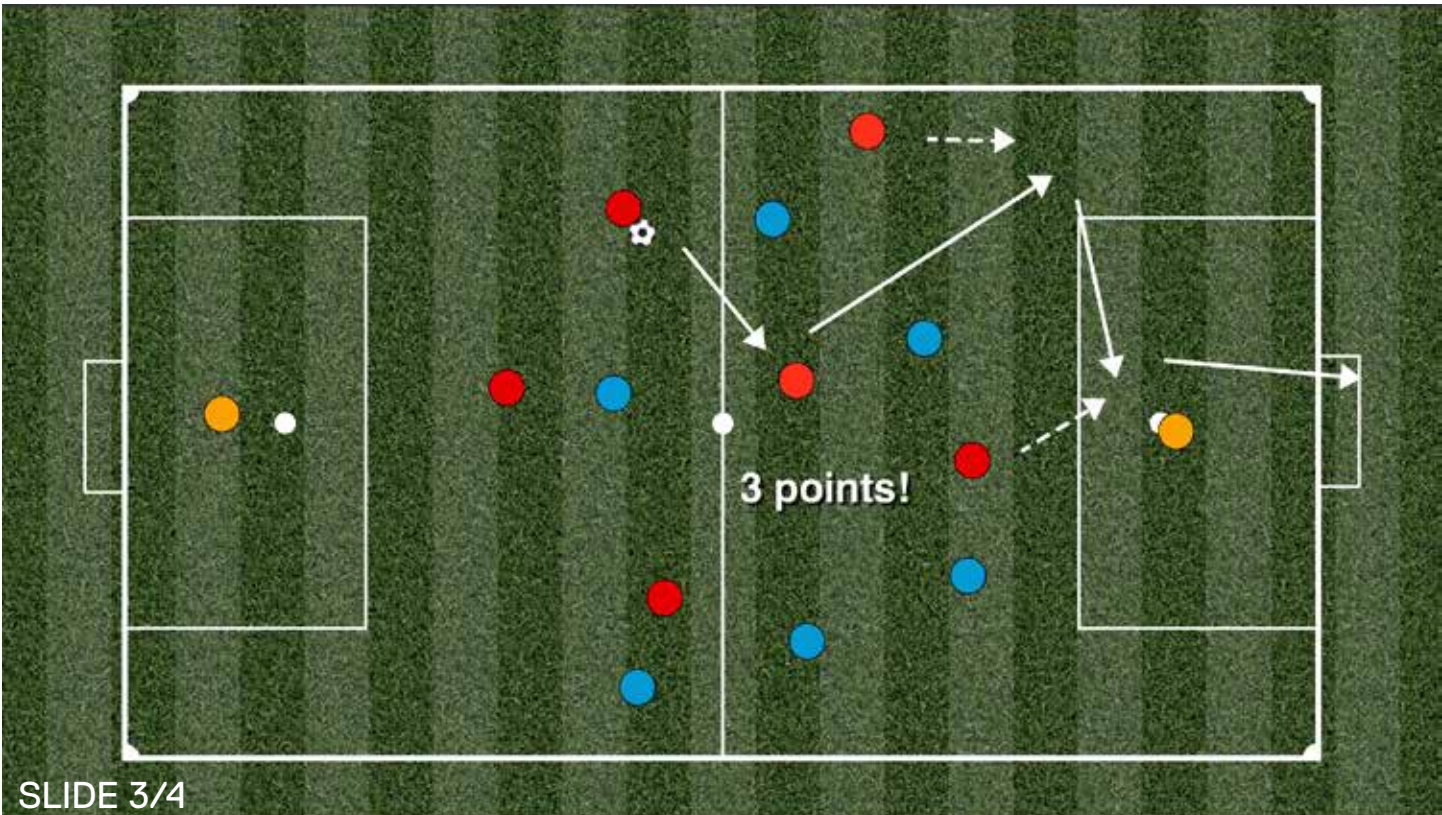
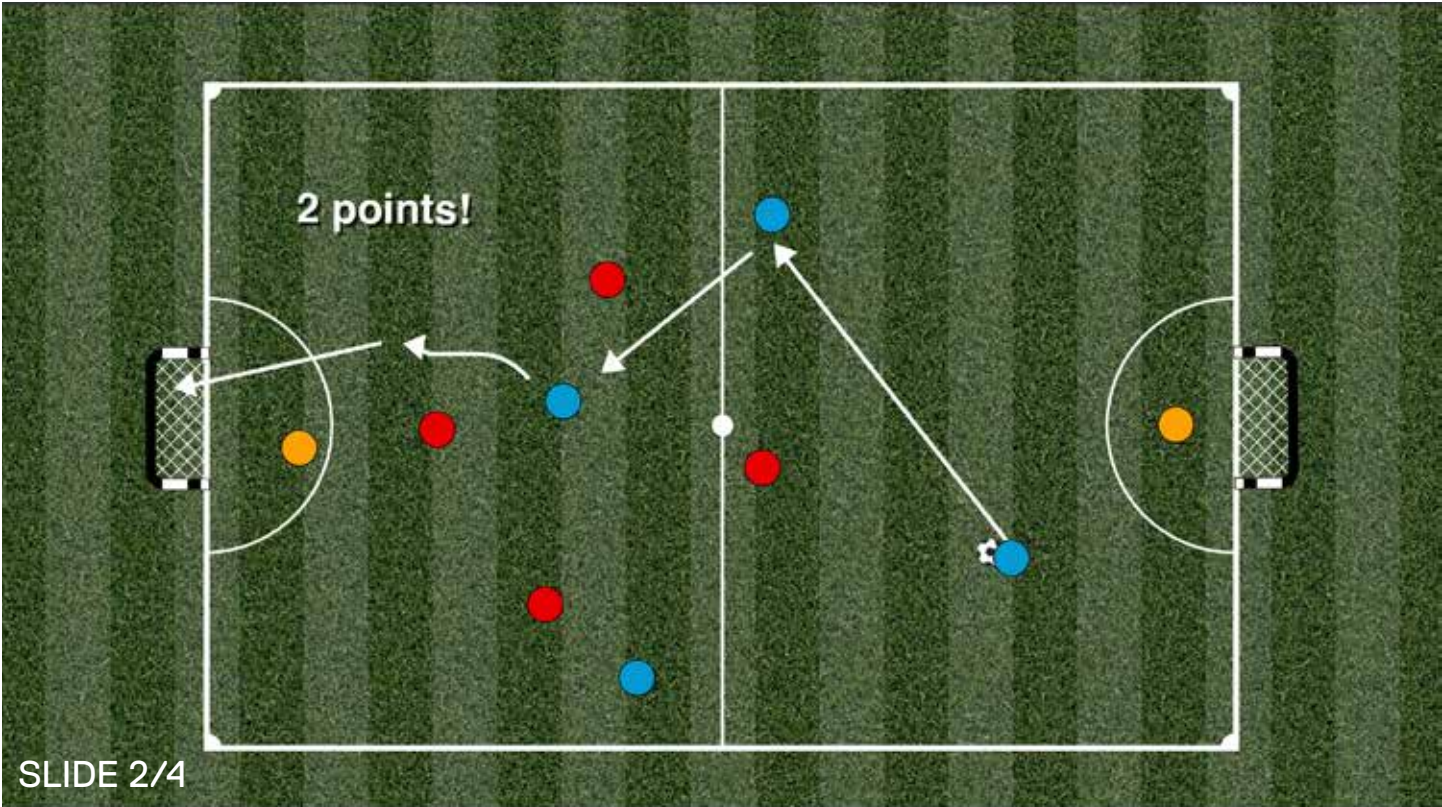
Small sided game. Use mini goals if no GKs. If you have one GK, set one bigger goal up.

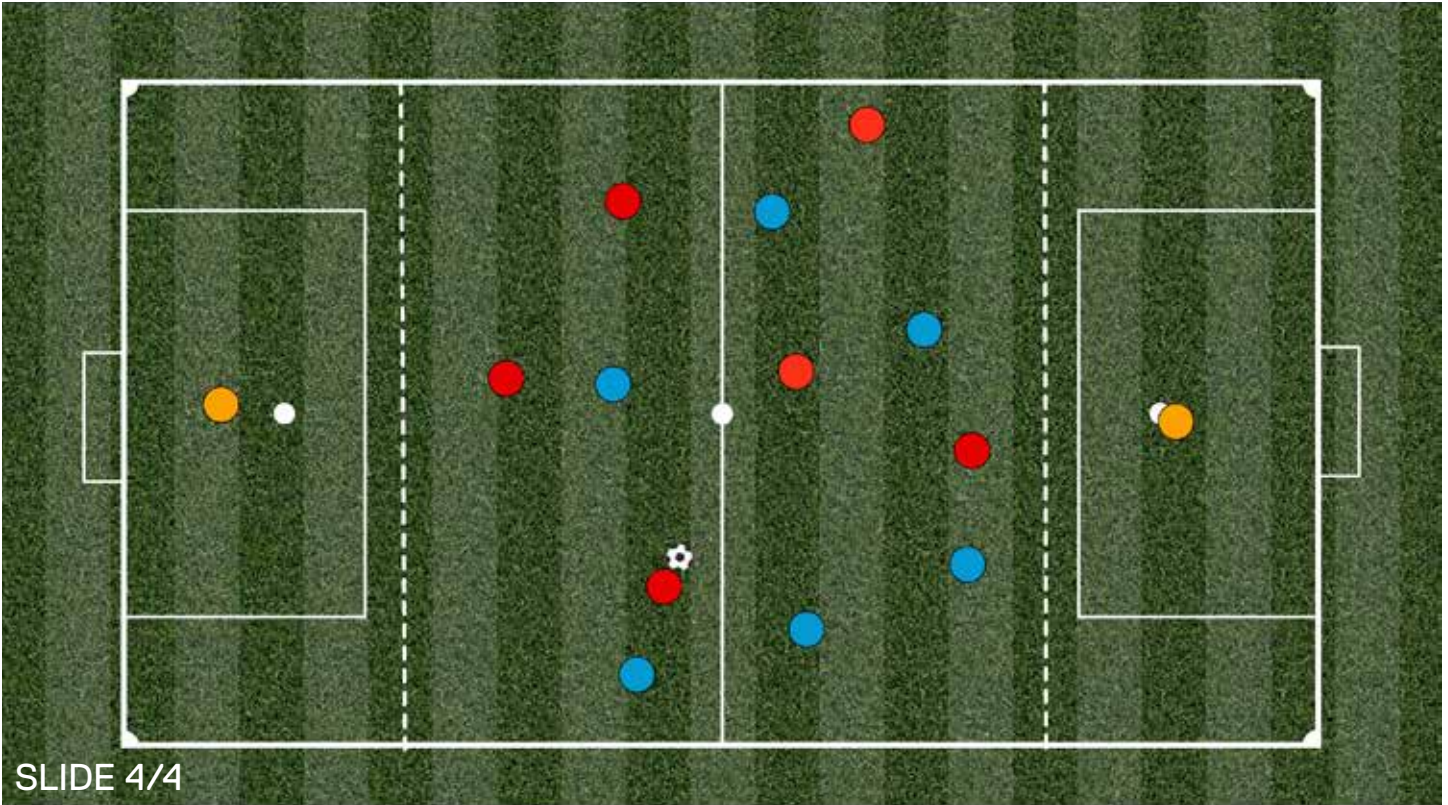
### Adaptation & Progression

Vary numbers in an overload game to work on outnumbered possession. Use a magic man with odd numbers. Set minimum scoring total (example 3 passes).

*Credit to Simon Millington for this session.*







## ADDITIONAL NOTES:

### **Technique refinement**

Can players be encouraged to think about what passing techniques they could work in in this practice?

E.g. basic right foot, left foot, finesse, lofted etc.

### **Game Management**

Why would they want to control the tempo of a game and how can they retain possession as a defensive strategy?

### **Tactical problem solving**

What questions can they utilise to help their players solve problems?

E.g. When is it good to play slow or fast? How can we identify and exploit lazy defending?

Can players be encouraged to set the scene, why are they running the practice? Is it an arrival activity to feed into a passing focussed session or is it part of a self directed play session where the kids use this game in as part of their chosen development.